

## Hormone Replacement Therapy

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A woman's decision whether to take hormone replacement therapy following menopause is one which is highly personal and controversial. A number of federal government health research and regulatory agencies pay close attention to studies on the risks involved in taking and or not taking different replacement therapies. Personal choice, government involvement, and other sensitive issues are presented in the following selection of URL's concerning HRT, related research, and alternative therapies.

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### Government Information Sources

#### **Menopausal Hormone Therapy Information**

(National Institutes of Health)

<http://www.nih.gov/PHTindex.htm>

#### **Menopause**

(Medline Plus Health Information, National Institutes on Health)

<http://www.nlm.nih.gov/medlineplus/menopause.html>

#### **Postmenopausal Hormone Therapy**

(National Heart, Lung and Blood Institute)

<http://www.nhlbi.nih.gov/health/women/index.htm>

#### **Postmenopausal Hormone Use**

(National Cancer Institute)

<http://cancer.gov/clinicaltrials/digest-postmenopausal-hormone-use>

#### **Menopause Overview HRT**

(Women's Health Network)

<http://www.womenshealthnetwork.org/health/index.php>

## **Withdrawal of Withdrawal of Guidances on Estrogen and Estrogen/Progestin-Containing Drug Products**

(Food and Drug Administration)

<http://www.fda.gov/cder/guidance/old054fn.pdf>

## **FDA Approves New Labels for Estrogen and Estrogen with Progestin Therapies for Postmenopausal Women Following Review of Women's Health Initiative Data**

(U.S. Food and Drug Administration)

<http://www.fda.gov/bbs/topics/NEWS/2003/NEW00863.html>

## **WHIMS Study on Estrogen/Progestin**

(U.S. Food and Drug Administration)

<http://www.fda.gov/bbs/topics/ANSWERS/2003/ANS01226.html>

## **Hormone Replacement Therapy – Latest News**

(The National Women's Health Information Center)

<http://www.4woman.gov/menopause/news.htm>

## **Use of Hormone Replacement Therapy Among Postmenopausal Women, 1988-94**

National Health and Nutritional Examination Survey

(National Center for Health Statistics)

<http://www.cdc.gov/nchs/data/nhanes/databriefs/hrtinwomen.pdf>

## **Organizations and Resources**

### **The Hormone Foundation**

<http://www.hormone.org/>

### **The North American Menopause Society**

<http://www.menopause.org/>

### **Australasian Menopause Society**

<http://www.menopause.org.au/>

## **Reports and Journal Articles**

### **Hormone Replacement Drug Use Tumbles, Study Says (January 2004)**

(Reuters)

<http://www.reuters.com/newsArticle.jhtml?type=healthNews&storyID=4082606>

### **Q&A – Hormone Replacement Therapy and Breast Cancer Risk**

(American Medical Women's Association)

[http://www.amwa-doc.org/healthtopics/hrt\\_breastcancer\\_qa.htm](http://www.amwa-doc.org/healthtopics/hrt_breastcancer_qa.htm)

### **Hormones Redux: The Latest on Drug Therapy for Menopausal Symptoms Continues to Muddy the Picture (August 2003)**

(U.S. News and World Report)

<http://www.usnews.com/usnews/issue/030818/health/18hrt.htm>

**Estrogen plus Progestin and the Risk of Coronary Heart Disease (August 2003)**  
(New England Journal of Medicine)

[http://content.nejm.org/cgi/content/abstract/349/6/523?year=1993&tmonth=Oct&where=fulltext&tyear=2003&hits=20&fmonth=Oct&excludeflag=TWEEK\\_element&sortspec=Score+desc+PUBDATE\\_SORTDATE+desc&search\\_tab=articles&andorexacttitleabs=and&searchtitle=Ar](http://content.nejm.org/cgi/content/abstract/349/6/523?year=1993&tmonth=Oct&where=fulltext&tyear=2003&hits=20&fmonth=Oct&excludeflag=TWEEK_element&sortspec=Score+desc+PUBDATE_SORTDATE+desc&search_tab=articles&andorexacttitleabs=and&searchtitle=Ar)

**Bone Loss and Bone Size after Menopause (July 2003)**

(New England Journal of Medicine)

<http://content.nejm.org/cgi/content/short/349/4/327>

**Estrogens as Antioxidants -- Reducing Heart Disease in Younger Postmenopausal Women (July 2003)**

(Eurekalert - American Association for the Advancement of Science)

[http://www.eurekalert.org/pub\\_releases/2003-07/bc-eaa070403.php](http://www.eurekalert.org/pub_releases/2003-07/bc-eaa070403.php)

**The Timing Of Hormone Replacement Therapy Could Be Key To Success**

(March, 2003)

(American Association for the Advancement of Science)

[http://www.eurekalert.org/pub\\_releases/2003-03/wfub-tto022503.php](http://www.eurekalert.org/pub_releases/2003-03/wfub-tto022503.php)

**Newspaper Coverage Of The 1988 Aspirin And 2002 Hormone Therapy Randomized Clinical Trials**

(University of Wisconsin Center for Demography and Ecology)

<http://www.ssc.wisc.edu/cde/cdewp/2003-06.pdf>

**Effects of Estrogen plus Progestin on Health-Related Quality of Life**  
**March 2003**

(New England Journal of Medicine)

<http://content.nejm.org/cgi/content/abstract/NEJMoa030311v1>

**Hormone Replacement Therapy: Trials, Turmoil, Trust**

(Geriatric Times)

<http://www.geriatrictimes.com/g021003.html>

**Report of the NIA Advisory Board on the Workshop on Primate Models of the Menopause**

(National Institute on Aging)

<http://www.nia.nih.gov/research/meetings/primodelreport.htm>

**Hormone Replacement Therapy And The Breast**

(British Medical Journal)

<http://bmj.com/cgi/content/full/324/7342/915/a>

**Study Shows Greater Risk of Breast Cancer with Estrogen-Progestin Therapy Compared to Estrogen Alone**

(National Cancer Institute)

<http://newscenter.cancer.gov/pressreleases/hrt.html>

## **Alternative Therapies**

### **Consumer Advisory: Alternative Therapies for Managing Menopausal Symptoms**

(National Center for Complementary and Alternative Medicine)

<http://nccam.nci.nih.gov/health/alerts/menopause/>

### **Alternatives to Hysterectomy: New Technologies, More Options**

(U.S. Food and Drug Administration)

[http://www.fda.gov/fdac/features/2001/601\\_tech.html](http://www.fda.gov/fdac/features/2001/601_tech.html)

BMC: 01/10/04

### **Center for Communication and Consumer Services**

U.S. Administration on Aging

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